

WELLNESS & DETOX RETREATS



If we're honest, it's a lot more fun to get healthy when you have the company of an amazing spa, and specialists to usher you through the process.

EAST COAST | ASIA | EUROPE | MEXICO | **WEST COAST** | SE & SW



THE PEARL LAGUNA

21095 Raquel Rd., Laguna Beach, CA | 949.715.1674

This is a week-long holistic retreat at the beach. Detox and decompress down with daily hikes, yoga, and training sessions, restorative massage, and introductions to new practices like Tai Chi or chakra balancing. After a week of clean eating, days full of exercise, quality time in nature, and lots of sleep, you should feel lighter in every sense of the word.